

FREE WORKSHOPS & CLASSES

LIFE SKILLS

TRAINING & EDUCATION

For more info or to register, Call (760) 725-9052



January 2024

[5 Choices to Extraordinary](#)

[Productivity Essentials \(Virtual\)](#)

January 3-4 (0800-1200)

Virtual Class

[7 Habits of Highly Effective People](#)

[\(Virtual\)](#)

January 9-11 (0800-1430)

Virtual Class

[Real Relationships \(Virtual\)](#)

January 16 (0900-1100)

Virtual Class

[4 Lenses and the Agile Leader](#)

[\(Live\)](#)

January 17 (0800-1100)

Wounded Warrior BN West Building 27833 Rotunda Classroom

[Basic Anger Management \(Virtual\)](#)

January 18 (0900-1100)

Virtual Class

[Speed of Trust Foundations \(Live\)](#)

January 23-24 (0800-1200)

Wounded Warrior BN West Building 27833 Rotunda Classroom

[Leading Across Generations](#)

[\(Virtual\)](#)

January 30 (0800-1200)

Virtual Class

February 2024

[Say What? Interpersonal](#)

[Communication \(Virtual\)](#)

February 1 (0900-1100)

Virtual Class

[Conflict Management \(Virtual\)](#)

February 6 (0900-1100)

Virtual Class

[Extended DISC \(Virtual\)](#)

February 7 (0800-1200)

Virtual Class

[Happiness Advantage \(Virtual\)](#)

February 8 (0800-1100)

Virtual Class

[Basic Stress Management \(Virtual\)](#)

Feb 13 (0900-1100)

Virtual Class

[5 Love Languages for Couples](#)

[\(Couples Night\)](#)

February 13 (1800-2000)

Pacific Views M+FP (LINKS House)

[Interpersonal Communication – Public](#)

[Speaking \(Live\)](#)

February 14 (0900-1100)

Wounded Warrior BN West Building 27833 Rotunda Classroom

[Leading at the Speed of Trust \(Live\)](#)

February 21-22 (0800-1430)

Wounded Warrior BN West Building 27833 Rotunda Classroom

March 2024

[Bridging the Generation Gap](#)

[\(Virtual\)](#)

March 5 (0900-1100)

Virtual Class

[4 Lenses and Careers \(Live\)](#)

March 6 (0830-1100)

Wounded Warrior BN West Building 27833 Rotunda Classroom

[7 Habits of Highly effective People](#)

[\(Live\)](#)

March 12-14 (0800-1430)

Wounded Warrior BN West Building 27833 Rotunda Classroom

[5 Love Languages of Children](#)

[\(Virtual\)](#)

March 19 (0900-1100)

Virtual Class

[Conflict Management \(Virtual\)](#)

March 21 (0900-1100)

Virtual Class

[Say What? Interpersonal](#)

[Communication \(Virtual\)](#)

March 26 (0900-1100)

Virtual Class

[4 Lenses for Couples \(Virtual](#)

[Couples Night\)](#)

March 26 (1800-2000)

Virtual Class

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April 2024

[5 Choices to Extraordinary](#)

[Productivity Essentials \(Live\)](#)

April 2-3 (0800-1200)

Wounded Warrior BN West 27833
Classroom

[Happiness Advantage \(Virtual\)](#)

April 9 (0800-1100)

Virtual Class

[Speed of Trust Foundations](#)
(Virtual)

April 16-17 (0800-1200)

Virtual Class

[Interpersonal Communication –](#)
[Public Speaking \(Live\)](#)

April 24 (0900-1100)

Wounded Warrior BN West
Building 27833 Rotunda
Classroom

[5 Love Languages of Children](#)
(Virtual)

April 25 (0900-1100)

Virtual Class

May 2024

[Basic Anger Management \(Virtual\)](#)

May 2 (0900-1100)

Virtual Class

[Say What? Interpersonal](#)
[Communication \(Virtual\)](#)

May 7 (0900-1100)

Virtual Class

[Real Relationships \(Virtual\)](#)

May 9 (0900-1100)

Virtual Class

[7 Habits of Highly Effective People](#)
(Virtual)

May 14-16 (0800-1430)

Virtual Class

[4 Lenses and Careers \(Virtual\)](#)

May 20 (0830-1100)

Virtual Class

[Bridging the Generation Gap \(Virtual\)](#)

May 21 (0900-1200)

Virtual Class

[4 Lenses and the Agile Leader \(Live\)](#)

May 22 (0800-1100)

Wounded Warrior BN West 27833
Rotunda Classroom

[Interpersonal Communication – Public](#)
[Speaking \(Live\)](#)

May 29 (0800-1100)

Wounded Warrior BN West 27833
Classroom

[Extended DISC \(Virtual\)](#)

May 30 (0800-1200)

Virtual Class

June 2024

[Real Relationships \(Virtual\)](#)

June 4 (0900-1100)

Virtual Class

[Basic Stress Management](#)
(Virtual)

June 6 (0900-1100)

Virtual Class

[5 Choices to Extraordinary](#)
[Productivity Essentials \(Live\)](#)

June 11-12 (0800-1200)

Wounded Warrior BN West
27833 Classroom

[Speed of Trust Foundations](#)
(Virtual)

June 18-19 (0800-1200)

Virtual Class

[4 Lenses and Careers](#)
(Virtual)

June 20 (0830-1100)

Virtual Class

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July 2024

[5 Love Languages of Children](#)

[\(Virtual\)](#)

July 2 (0900-1100)

Virtual Class

[Bridging the Generation Gap](#)

[\(Virtual\)](#)

July 9 (0900-1100)

Virtual Class

[Conflict Management \(Virtual\)](#)

July 11 (0900-1100)

Virtual Class

[Interpersonal Communication –](#)

[Public Speaking \(Live\)](#)

July 15 (0900-1100)

Wounded Warrior BN West 27833

Rotunda Classroom

[7 Habits of Highly Effective People](#)

[\(Virtual\)](#)

July 16-18 (0800-1430)

Virtual Class

[Leading at the Speed of Trust \(Live\)](#)

July 23-25 (0800-1400)

Wounded Warrior BN West 27833

Rotunda Classroom

August 2024

[5 Love Languages of Children \(Virtual\)](#)

August 1 (0900-1100)

Virtual Class

[5 Choices to Extraordinary](#)

[Productivity Essentials \(Live\)](#)

August 6-7 (0800-1200)

Wounded Warrior BN West 27833

Rotunda Classroom

[Basic Anger Management \(Virtual\)](#)

August 8 (0900-1100)

Virtual Class

[Say What? Interpersonal](#)

[Communication \(Virtual\)](#)

August 13 (0900-1100)

Virtual Class

[Happiness Advantage \(Virtual\)](#)

August 15 (0800-1100)

Virtual Class

[Speed of Trust Foundations \(Virtual\)](#)

August 20-21 (0800-1200)

Virtual Class

[Extended DISC \(Virtual\)](#)

August 27 (0800-1200)

Virtual Class

[4 Lenses and the Agile Leader](#)

[\(Virtual\)](#)

August 29 (0800-1100)

Virtual Class

September 2024

[Bridging the Generations Gap](#)

[\(Virtual\)](#)

September 5 (0900-1100)

Virtual Class

[7 Habits of Highly Effective People](#)

[\(Live\)](#)

September 10-12 (0800-1430)

Wounded Warrior BN West 27833

Rotunda Classroom

[Real Relationships \(Virtual\)](#)

Sept 17 (0900-1100)

Virtual Class

[5 Love Languages for Couples](#)

[\(Couples Night\)](#)

September 17 (1800-2000)

M+FP Pacific Views—L.I.N.K.S.

House

[4 Lenses and Careers \(Virtual\)](#)

September 19 (0800-1100)

Virtual Class

[5 Choices to Extraordinary](#)

[Productivity Essentials \(Virtual\)](#)

September 24-25

(0800-1200)

Virtual Class

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October 2024

Ready Set Prepare!

October 1 (0900-1100)

Virtual Class

Extended DISC (Virtual)

Oct 3 (0800-1200)

Virtual Class

Bridging the Generations Gap

(Virtual)

Oct 8 (0900-1100)

Virtual Class

4 Lenses for Couples – (Virtual

Couples Night)

Oct 8 (1800-2000)

Virtual Class

Basic Stress Management (Virtual)

Oct 10 (0900-1100)

Virtual Class

Conflict Management (Virtual)

Oct 16 (0900-1100)

Virtual Class

Interpersonal Communication – Public

Speaking (Live)

Oct 17 (0900-1100)

Wounded Warrior BN West 27833

Rotunda Classroom

5 Choices to Extraordinary

Productivity Essentials (Live)

Oct 22-23 (0800-1200)

Wounded Warrior BN West 27833

Rotunda Classroom

November 2024

Speed of Trust Foundations

(Virtual)

November 5-6

(0800-1200)

Virtual Class

Bridging the Generations Gap

(Virtual)

Nov 7 (0830-1030)

Virtual Class

Say What? Interpersonal

Communication (Virtual)

Nov 13 (0900-1100)

Virtual Class

7 Habits of Highly Effective

People (Live)

November 19-21 (0800-1430)

Wounded Warrior BN West

27833 Rotunda Classroom

December 2024

Real Relationships (Virtual)

Dec 3 (0900-1100)

Virtual Class

4 Lenses and Careers (Live)

December 4 (0830-1100)

Wounded Warrior BN West

27833 Rotunda Classroom

5 Love Languages of Children

(Virtual)

Dec 5 (0900-1100)

Virtual Class

7 Habits of Highly Effective

People (Virtual)

December 10-12

(0800-1430)

Virtual Class